

KYLE STROKE GROUP

We are an independent, self-funding group managed entirely by members and volunteers.

Kind of group that treats everyone as an individual.

Your group, along with volunteers you can help plan regular activities, you have a voice in all discussions.

Lots to do during our 2 hour meeting, guest speakers vary from NHS staff, community groups and special features.

Events & excursions to local tourist attractions of interest to members.



- Meeting New People
- Share Knowledge
- Outings
- Exercises
- Social Interaction
- Encouragement
- Boost Self-esteem
- General Well-being
- Activities
- Minimise Isolation

Part funded by



south ayrshire
health & social care
partnership

Contact: Diane Barclay 07952 660 267 or Mike Shute 07576 802426
Kyle Stroke Group meets every Tuesday from 1pm - 3pm
@ Kingcase Church Hall, Prestwick

affiliated with
Chest
Heart &
Stroke
Scotland

